

AT PEAK IN '64

Cawley Best Olympic Bet

BY AL WOLF

The United States' best bet in the track department of the 1964 Olympiad at Tokyo could well turn out to be Rex Cawley.

The 20-year-old SC sophomore from Farmington, Mich., is a powerful runner with lots of stamina who is pursuing several paths to possible—make that probable—greatness. And he ought to be hitting his peak along about '64.

Versatile Runner

Rex has run the 100 in 3.7, the 220 in 21.2, the 440 in 46.2, the 880 in 1:38.6, the high hurdles in 13.9, the lows in 22.9 and the 400-meter hurdles in 50.6. He also did 46.7 as the Trojan mile relay team recently was clocked in 3:09.6.

Chances are he'll hold a world record or two by the time the '64 Games roll around.

Coach Jess Mortensen predicts a 45 flat quarter for his newest star. The world mark, owned by Glenn Davis, is 45.7. Cawley has done little work on the 400-meter hurdles, but figures to crack Davis' 49.2 for that event once he starts running it regularly. And Don Styron's 21.9 for the 220 lows is none too safe with this fellow around.

Changes of Mind

"If you were limited to one event, which would you choose?" Rex was asked.

"Gee, I don't know," he answered. "I keep changing my mind as to which is my best event. I used to think it was the high hurdles. I did 13.6 in high school, but the time wasn't recognized because of wind. Now I don't seem to be as limber as I was then.

"Maybe it's the 440 now. And then again, my best chance in 1964 may be the 400-meter hurdles. I'll just keep working on everything and see how it comes out. There's plenty of time."

Cawley seemingly can run all day without tiring.

"I went to a high school that had only 750 students," he explained, "so



Rex Cawley

I got used to doing a lot of things on our small team."

Michigan high school rules were changed because of an iron-man performance by Rex.

One day, he ran two 120-yd. hurdles races, three 180-yd. hurdles races, broad-jumped, high-jumped and anchored the 880 relay team. That night, after a 90-mile drive, he participated in another meet and went through about the same routine. Altogether, he won six first places.

The next year, Michigan preppers were barred from taking part in more than one meet on the same day.

Relaxation is one secret of Cawley's ability to keep busy.

"I never get the shakes or quivers," he said, "but I do have some inward tension. But I get to yawning while standing around waiting for the next event and it seems to relieve the strain."

Future in TV

He's no prima donna or faddist.

"I don't take pills or vitamins and I just eat whatever they put in front of me," Rex said.

Is he going to be a track coach some day?

"No. I am majoring in sales administration and hope to get into that phase of the TV industry," Cawley comments. But Tokyo will see him before TV does. That's a cinch.