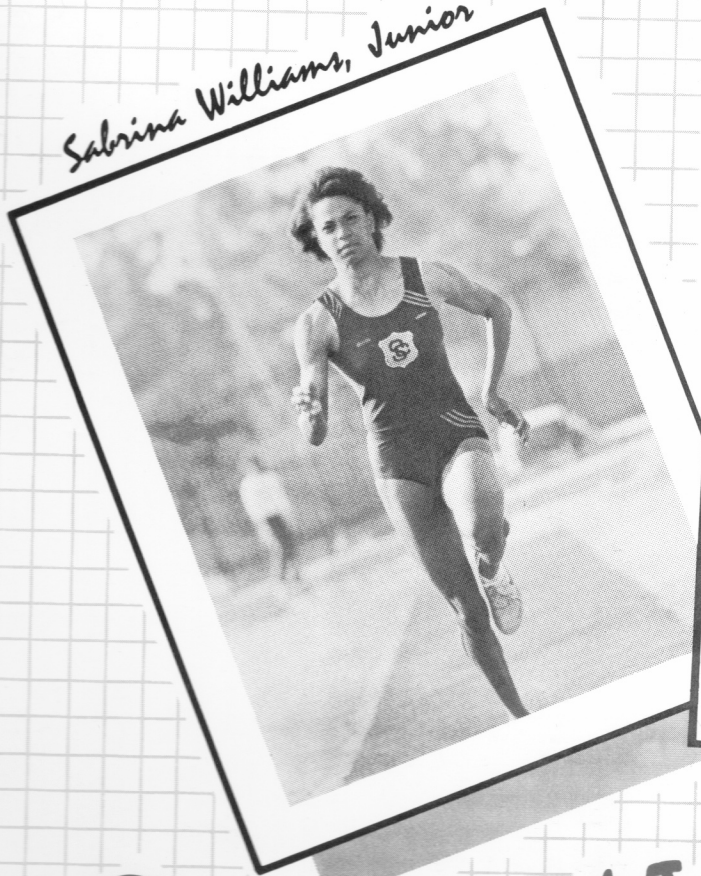
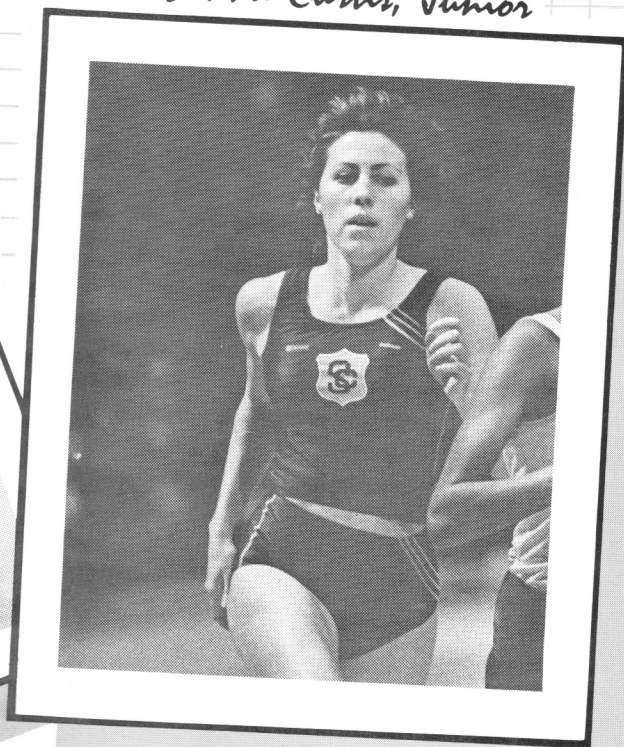


Sabrina Williams, Junior



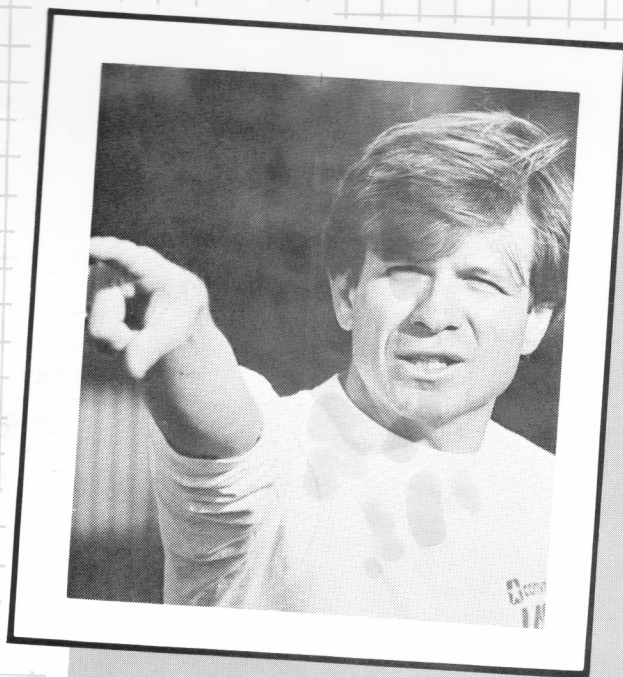
Donna Curtis, Junior



Women of Troy  
Track and Field  
1984



The  
Beginning  
of a  
New  
Era!



Fred LaPlante  
USC  
Head  
Track and  
Field Coach

# Table of Contents

1. General Information .....	1
2. Roster .....	1
3. Indoor & Outdoor Schedule .....	2
4. Biography: Head Coach .....	3
5. Biography : Assistants .....	4
6. Biography: Top Trojans of 1984 .....	5/6
7. Season Outlook 1984.....	7
8. 1984 Team - Event by Event.....	8
9. Standards ( <i>NCAA Indoor, NCAA Outdoor, Olympic Trials</i> ).....	9
10. History of Champions .....	10
11. Records: <i>Women of Troy, Cromwell</i> ,.....	11
<i>NCAA, USA</i> , .....	12
<i>Best of the West - UCLA/WCAA</i> .....	13
12. All-Time Trojan List .....	14
13. Pot Pourri: <i>Track Heritage</i> .....	15
<i>Cross Country</i> .....	15
<i>Cromwell Field</i> .....	15
<i>Athletic Director</i> .....	16
<i>Affiliations: WCAA/NCAA</i> .....	16

# 1984 USC WOMEN'S TRACK AND FIELD

## GENERAL INFORMATION

SCHOOL: University of Southern California      NICKNAME: Trojans  
 ADDRESS: Heritage Hall, University Park, Los Angeles, CA 90039-0602  
 TRACK OFFICE PHONE: (213) 743-7770  
 ENROLLMENT: 12,600      COLORS: Cardinal and Gold  
 CONFERENCE: Western Collegiate Athletic Association      NATIONAL: NCAA  
 CONFERENCE FINISH: 5th      NATIONAL FINISH: 28th  
 TRACK: Cromwell Field (1000)  
 SID: Elise Frantom      OFFICE PHONE: (213) 743-4981      HOME: (213) 901-7061  
 ASSOCIATE ATHLETIC DIRECTOR: Barbara Hedges      ATHLETIC DEPT. PHONE: (213) 743-7770  
 HEAD COACH: Fred LaPlante  
 ASSISTANT COACHES: Maggie Garrison, Naz Khodiguian, Monica Joyce, Linda Cassidy  
 TRAINERS: Leah Putman, Sue Schneider, Helaine Clayman  
 SPECIAL CONSULTANTS: Dr. Peter Dufresne, Sports Psychologist; Jerry Simmons,  
 Strength Training

## 1984 USC WOMEN'S TRACK & FIELD ROSTER

<u>NAME</u>	<u>YR.</u>	<u>EVENT</u>	<u>HIGH SCHOOL</u>	<u>HOMETOWN</u>
Carter, Lyn	3	Hurdles	New Canaan H.S.	Stamford CT
Curtis, Donna	3	Middle distance	Culver City H.S.	Culver City CA
Fletcher, Yolanda	3	Long Jump	Crenshaw H.S.	Los Angeles CA
Freeman, Davida	1	Sprints	Hawthorne H.S.	Hawthorne CA
Hatfield, Sharon	1	Multi	Fountain Valley H.S.	San Juan Capistrano CA
Johnson, Amy	3	Distance	Newport Harbor H.S.	Newport Beach CA
Arrivey, Kelli	4	High Jump	Eagle Rock H.S.	Eagle Rock CA
Olsen, Christi	1	Middle distance	Redlands H.S.	Redlands CA
Savoy, Rochelle	1	Sprints	St. Monica's H.S.	Los Angeles CA
Simmons, Robin	1	Sprints	Crenshaw H.S.	Los Angeles CA
Sumpter, Julie	4	Distance	Buchser H.S.	Santa Clara CA
Williams, Sabrina	3	Long Jump	Valley Christian H.S.	Bellflower CA

## 1984 WOMEN OF TROY TRACK & FIELD SCHEDULE

- 2/18 - Sat - USC Outdoor Opener @ USC (w/men)  
2/25 - Sat - LA Invit @ CSLA  
3/3 - Sat - Aztec Invit @ SDSU  
3/9-10 F/S - NCAA Indoor Championships @ SU (Syracuse, NY)  
3/10 - Sat - Long Beach Relays @ CSLA  
3/24 - Sat - Hawaii, UN Las Vegas, SDSU @ USC (w/men)  
3/31 - Sat - UCLA Dual @ UCLA  
4/7 - Sat - Sun Angel Classic @ ASU  
4/14-15 - Sat/Sun- Santa Barbara Heptathlon @ UCSB  
4/21 - Sat UTEP & LSU @ UTEP  
4/27,28,29 - F/S/S - Mt. SAC Relays @ Mt. SAC  
5/11-12 - F/S - WCAA Championships @ Stanford  
5/13 - Sun PEPSI INVIT @ UCLA  
5/20 - Sun - SPTAC Championships @ UCLA  
5/29 thru 6/2 - Tue thru Sat - NCAA Championships @ UO (Eugene, Ore.)

## HEAD COACH FRED LaPLANTE

Enthusiasm and anticipation of a great track tradition on the USC campus follows the appointment of new head track coach Fred LaPlante. A native of Toledo, Ohio, the 33-year-old mentor has had ten years of outstanding success as a coach following a fine athletic career at Eastern Michigan University where he earned NCAA-CD All American honors at 1500 meters in 1972 and competed on two NCAA-CD national championship teams. Then, beginning in 1973 as a graduate assistant at his alma mater, LaPlante had one-year coaching stints at Hoover Jr. H.S. (MI), Garden City East H.S. (MI), Washtenaw C.C. (MI), and Columbia University (NY) before settling at San Diego State University for 5 years (1978-1983). He established winning programs at each institution, highlighted by a 24-1 career dual record at SDSU in which his teams were ranked (by T & F News) nationally 6th - 1979, 5th - 1980, 9th - 1981, 5th - 1982, and 10th - 1983.

Great teams have great athletes and LaPlante has produced an uncanny number of world class performers including: 2 Olympians, 9 National Champions, 13 National record breakers, 14 internationalists, and 11 collegiate All Americans.

His accomplishments have not gone unnoticed as he was named NCAA District 8 and WCAA Coach of the Year in 1982 (the season in which he won the WCAA Championship ending UCLA's 5 yr. reign). He was previously awarded the WCAA Coach of the Year honor in 1981 when his cross country team finished 7th at the NCAA Championship.

Having traveled the European circuit for 4 years coaching not only USA internationalists, but also top stars from Ireland, England, Sweden, and Canada, LaPlante was named by USA selectors to coach the USA Women's Sr. team at the World Championships in Holland in 1980, the USA Jr. Women's team (as assistant) vs. USSR in 1982, and USA Sr. Women's team (as assistant) vs. DDR in 1983.

In addition, LaPlante served as the USA National Hurdle Coordinator from 1980 to 1982 and the WCAA Coordinator for cross country from 1978 to 1982. An excellent administrator as well, he co-directed the very popular Aztec cross country and track Invitational meets for five years.

## ASSISTANT COACHES

### **MAGGIE GARRISON**

MAGGIE GARRISON: Garrison, 26, begins her first year on the Trojan campus as LaPlante's JUMP COACH SPECIALIST. Originally from Chicago, Maggie had a banner career as an athlete at the University of Washington. The national junior high jump champion in 1977, she soared to a school record of 6'11" in earning All American honors for the Huskies in 1981. In addition to her feats on the track, Garrison was a four-year starter for the women's volleyball team at Washington. After receiving her degree in Kinesiology, Garrison coached at Federal Way High School (WA) before coming to USC.

### **NAZ KHODIGUIAN**

NAZ KHODIGUIAN: A rare opportunity for the athletes and coaches alike at USC is the association with THROWING COACH SPECIALIST Naz Khodiguiian. The 32-year-old native of Yerevan, Armenia, USSR, has accumulated a vast wealth of knowledge both athletically and academically. Khodiguiian is a former decathlete from the Soviet Union and graduated with honors from the Armenian State Institute in 1973. He later coached the Achchatank Sports Club and the University Decathlete team at the Armenian Institute before matriculating to the USA. Nicknamed "Bond" for his striking resemblance to actor Sean Connery, Khodiguiian is a teaching assistant at USC and a Ph.D. candidate in Exercise Physiology.

### **MONICA JOYCE**

MONICA JOYCE: A former three-time collegiate All American at San Diego State University, Joyce is presently training for the 1984 Olympics for Ireland, her native country. She will lend important assistance to the Trojan middle and long distance program. Joyce, 25, competes for the Converse West Track Club, and is the Irish record holder in five events: 1500m (4:06.69), mile (4:30.4), 2000m (5:43.96--also an NCAA record), 3000m (8:53.24--also an NCAA record), and 5000m (15:27.5--third in the world in 1983). Joyce will be a tremendous asset to the 1984 Trojan squad because of her expertise in so many running events.

### **LINDA CASSIDY**

LINDA CASSIDY: Cassidy, a local (Torrance, Calif.) sprint talent, competed for the Trojans from 1979-82 and is still the current school record holder in the 400 meters (54.82). She is currently working toward a doctorate in Exercise Physiology, and uses her knowledge in that area to conduct the team's treadmill and body composition tests. Cassidy's other duties include academic counseling and working with the sprinters.

# TOP TROJANS OF 1984

## **Donna Curtis**

NAME: Donna Curtis EVENT: 800 Meters YR: Junior  
HOMETOWN (HS): Culver City, CA MAJOR: Communications  
BIRTHDATE: 12/11/63 BIRTHPLACE: Santa Monica, CA HEIGHT: 5'9"  
WEIGHT: 140 lbs. PARENTS: Max & Kathryn Curtis

After two years of being NCAA qualifier and 3rd place finisher at the WCAA Championships Donna appears to be ready for a stellar season in 1984.

LaPLANTE: "Donna Curtis is going to be a major factor on the USA 800 scene in 1984 and the years ahead. She's had the talent, and she's gained the experience, and now she just needs to train consistently for her to emerge."

In high school, Donna starred in basketball, tennis, and volleyball before seriously considering track, but in her senior year, she developed into one of the nation's leading 800 meter runners, winning the league, CIF, masters, and State California titles, all in record time.

A loyal spokeswoman for the Trojans, Donna has been named to co-captain this year's team.

PR'S: 800 - 2:05.35 (school record), 400 - 56.74, 1500 - 4:38.36.  
WCAA 1983: 3rd. 800; 4th. 4 x 100 relay; 5th. 4 x 400 relay.  
1982: 3rd. 800; 5th. 4 x 400 relay.  
NCAA 1983: SEMIS - 800.  
1982: SEMIS - 800.

## **Yolanda Fletcher**

NAME: Yolanda Fletcher EVENT: Long Jump YR: Soph.  
HOMETOWN (HS): Los Angeles - Crenshaw MAJOR: Business  
BIRTHDATE: 9/19/63 BIRTHPLACE: Los Angeles, CA. HEIGHT: 5'6 1/2"  
WEIGHT: 143 lbs. PARENTS: Brannon & Barbara Murcherson

USC has a long tradition of great multi-sport athletes and Yolanda can hang her hat along side all the others. A member of the Trojans' National Championship basketball team last year, she expects to see a lot of playing time in 1984, which could limit her track participation. But even on a limited base she's already proved to be a valuable asset, finishing runner up in the heptathlon at the WCAA Championship and then qualifying for the NCAA's in the long jump missing the school record by only 1/4 inch.

LaPLANTE: "It's almost hard to believe what Yolanda accomplished last year on such limited training. With the prospects of another great basketball team it's doubtful we'll see much of Yolanda until late in the season, but if and when we do, I think we'll all be amazed again."

At Crenshaw High School, as well as being a basketball MVP, Yolanda displayed her athletic talents being a state finalist in the long jump and shot put.

PR'S: LJ - 20'7 1/4", HEPT. - 4984, SP - 44'6 3/4".  
WCAA 1983: 2nd. HEPT.  
NCAA 1983: SEMIS - LJ.

## **Sharon Hatfield**

NAME: Sharon Hatfield EVENT: Heptathlon YR: Freshman  
HOMETOWN (HS): San Juan Capistrano - Fountain Valley MAJOR: Sports Information  
BIRTHDATE: 4/14/64 BIRTHPLACE: Newport Beach, CA. HEIGHT: 5'11"  
WEIGHT: 148 lbs. PARENTS: Orville, Jr. & Anita Hatfield

An abbreviated season cut short by a back injury led to a redshirt year for Sharon.

LaPLANTE: "Sharon's had some physical problems, but she's very determined to get back on track and regain the level of excellence she'd attained previously. She has great natural skills and learns quickly. A little more strength and fitness will carry her a long way. If there's one person that's a key to the total program this season, it's Sharon. She's the one that can glue the puzzle together."

It didn't come as a surprise when Sharon won the Jr. National Heptathlon Championship and broke the national jr. record earning high school All American honors. She was standout, not only in track, but also volleyball and consequently was named her school's Athlete of the Year.

Sharon, along with senior track member Kelli Arrivey, is serving on the USC athlete's council and reports to the athletic director.

PR'S: 100h - 14.64, HJ - 5'8", SP - 35'9", 200 - 25.34, LJ - 19'3", JT - 132'7",  
800 - 2:13.0, HEPT. - 5405.

## **Robin Simmons**

NAME: Robin Simmons EVENT: Sprints YR: Freshman  
HOMETOWN (HS): Los Angeles - Crenshaw MAJOR: Undeclared  
BIRTHDATE: 7/31/65 BIRTHPLACE: Los Angeles, CA. HEIGHT: 5'6"  
WEIGHT: 120 lbs. PARENTS: Robert & Nara Simmons

Robin steps on the SC campus as the Trojans top recruit.

LaPLANTE: "Robin was one of the top prep sprinters in America last year, but equally important is her mature attitude, calm nature, and self-confidence. You're never quite sure what to expect from an athlete their first year in college, but I guarantee that Robin Simmons will be at the foundation of our future successes. She's the kind of person that thrives on responsibility and knows how to bring home the bacon."

Supporting those statements, it was Robin who anchored the USA Jr. team to a new World Jr. record in the 400-meter relay at the USOC Sports Festival this past summer. Previous to that Robin was LA City Champ in the 100/200 and 3rd. in the California State meet 200 and claimed the 4th- fastest high school 200 in the USA.

Off the track, Robin served on the Student Council, was a cheerleader, and left everyone behind in the race for Homecoming Queen.

PR'S: 100 - 11.64, 200 - 23.79.

## **Sabrina Williams**

NAME: Sabrina Williams EVENT: Long Jump YR: Junior  
HOMETOWN (HS): Valley Christian Bellflower MAJOR: Physical Education  
BIRTHDATE: 9/4/63 BIRTHPLACE: Gmir, Turkey HEIGHT: 5'7"  
WEIGHT: 135 lbs. PARENTS: Richard & Ann Williams

Despite two years of nagging leg injuries Sabrina qualified for the NCAA Championships in the long jump last year.

LaPLANTE: "Sabrina is gradually getting healthy this fall and if we can keep her that way she should have a big year. I think the real key will be getting her on the track again and sprinting. When that comes together her jumping will too and that will really help her and our program."

Prior to enrolling at SC, Sabrina was a multi-talented high school star competing in volleyball, basketball, and track earning all-league honors in each sport and being named the school's outstanding athlete. After a disappointing 6th- place finish in the long jump at the state meet, Sabrina rebounded with a 2nd- place finish at the Jr. Nationals.

Sabrina, along with Donna Curtis will co-captain the 1984 track squad.

PR'S: LJ - 20'6 1/2", 100 - 11.84, 200 - 24.34.  
WCAA 1983: 5th. LJ; 4th. 4 x 100 relay; 5th. 4 x 400 relay.  
1982: 4th. 4 x 100 relay.  
NCAA 1983: SEMIS - LJ.



## 1984 SEASON OUTLOOK

1984...OLYMPIC GAMES...LOS ANGELES...ANTICIPATION...EXCITEMENT...MEMORIES

There is no doubt that these words help to describe the feelings of athletes throughout the world as they ponder the big event, the XXIII Olympics.

Says new Head Coach Fred LaPlante: "For myself, the coaching staff, and the athletes here, it is truly a great experience that has us all caught up in the spirit of competition and I believe that atmosphere will stay here as it has since the last games were held across the street in 1932."

To be sure, the Trojan men's track teams have upheld that spirit of competition since the 1932 Games, and now LaPlante hopes to use the excitement of 1984 to catapult the women's track and field program to new and memorable heights.

"We have a team high on quality, short on experience, and shorter on depth. We must stay healthy and set our sights for our very best individual achievements to have team success."

LaPlante's strongest events will be the heptathlon and the jumps. Leading the way is freshman red-shirt Sharon Hatfield, who is the National High School heptathlon record holder. For added insurance, the Trojans have basketball standout Yolanda Fletcher, who stepped off the basketball court last year just in time to finish second in the WCAA championship meet. Hatfield and Fletcher, LaPlante says, are the top duo in the conference. Both are excellent jumpers and LaPlante will probably use Fletcher in the long jump and Hatfield in the triple jump and high jump.

On the subject of standout jumpers, LaPlante has another national class performer in junior co-captain Sabrina Williams, slowed by leg problems her first two years. In 1984, Williams should be at the top of the conference list in the long jump and perhaps in the new NCAA triple jump event. Senior Kelli Arrivey has her sights set on a strong showing in the high jump.

The sprinters are untested commodities at the college level, but freshman Robin Simmons could make an impact after an impressive high school career. Simmons will lead the way in the 100 and 200 and will attempt to make her Olympic Trial bid in the 400. Her supporting cast will be two more freshmen, Rochelle Savoy and Davida Freeman. Williams, the long jump specialist, also may help out in the sprints.

Junior hurdler Lyn Carter hopes to regain the form that saw her win three Connecticut prep titles. Hatfield will provide support in the hurdle events, LaPlante says.

The middle and long distances also appear to be thin, but co-captain Donna Curtis appears to be ready to break loose after two consecutive NCAA appearances in the 800. The junior with All American potential can also run the 400 and 1500 meter events. Freshman Christi Olson shows promise in the 800 and senior Julie Sumpter will lead the distance corps.

LaPlante foresees a bright future for the Trojans. "I believe we can finish in the top two dozen at the NCAA's. We are a good recruiting year away from competing at the top of the conference, but I know we will have some great performances this year. The UCLA dual should be the beginning of a great series and tradition. It looks like it's going to be an exciting season."

QUALIFYING STANDARDS  
HISTORY OF CHAMPIONS

NCAA Outdoor

NCAA Indoor

**1984 WOMEN OF TROY EVENT BY EVENT**

100

Robin Simmons (11.68)  
Sabrina Williams (11.84)  
Yolanda Fletcher (nm)

200

Robin Simmons (23.79)  
Sabrina Williams (24.34)  
Sharon Hatfield (25.55)

400

Robin Simmons (nm)  
Rochelle Savoy (56.14)  
Davida Freeman (57.54)

800

Donna Curtis (2:05.35)  
Christie Olson (2:12.34)  
Sharon Hatfield (2:14.44)

1500-3000

Donna Curtis (4:38.36)  
Julie Sumpter (4:59.14, 11:09.74)  
Christie Olson (nm)

100H

Lyn Carter (14.44)  
Sharon Hatfield (14.54)  
Yolanda Fletcher (15.39)

400H

Sharon Hatfield (64.14)  
Rochelle Savoy (nm)  
Lyn Carter (nm)

HJ

Kelly Arrivey (5'8")  
Sharon Hatfield (5'8")  
Yolanda Fletcher (5'3")

LJ/TJ

Yolanda Fletcher (20'7½")  
Sabrina Williams (20'6½")  
Sharon Hatfield (19'3")

THROWS

Yolanda Fletcher (44'6 3/4")  
Sharon Hatfield (35'3", 132'10")

# QUALIFYING STANDARDS

## **NCAA Indoor**

60 yards--7.01  
55 meters--7.01  
440 yards--55.62  
400 meters--55.32  
600 yards--1:22.24  
500 meters--1:14.09  
880 yards--2:11.14  
800 meters--2:10.14  
1000 yards--2:33.24  
1000 meters--2:47.44  
Mile--4:45.14  
1500 meters--4:25.14  
2 miles--10:11.14  
3000 meters--9:33.14  
60-yard hurdles--8.03  
55-meter hurdles--8:03  
4x440--3:46.34  
4x400--3:45.14  
4x880--9:02.24  
4x800--8:59.24  
HJ--5'10½"  
LJ--19'7 3/4"  
SP--48'9"

## **NCAA Outdoor**

100 meters--11.64  
200 meters--23.78  
400 meters--53.74  
800 meters--2:08.00  
1500 meters--4:22.75  
3000 meters--9:31.24  
5000 meters--16:31.24  
10,000 meters 34:40.24  
100-meter hurdles--13.85  
400-meter hurdles--59.40  
400-meter relay--45.75  
440-yard relay--45.95  
1600-meter relay--3:41.74  
Mile relay--3:42.7  
HJ--5'11½"  
LJ--20'4"  
TJ--40'0"  
SP--50'0"  
Discus--166'7"  
Javelin--162'0"  
Heptathlon--5,340 points

## **Olympic Trials**

100 meters--11.64  
200 meters--23.74  
400 meters--53.40  
800 meters--2:05.00  
1500 meters--4:17.50  
3000 meters--9:15.00  
100 meter hurdles (33")--13.74  
400-meter hurdles (30")--58.80  
heptathlon--5,550 points  
HJ--1.84 meters (6'0½")  
LJ--6.30 meters (20'8½")  
SP (4 Kilos)--15.85 meters (52'0")  
DT--54.00 meters (177'2")  
JT--52.50 meters (172'3")

ALL TIMES ARE FULLY AUTOMATIC TIME STANDARDS, NOT MANUAL TIMES

## HISTORY OF CHAMPIONS

### OLYMPIANS

1976--Sherry Calvert, Javelin  
1972--Sherry Calvert, Javelin  
1972--Patty Van Wolveleare, 100-Meter Hurdles  
1968--Patty Van Wolveleare, 80-Meter Hurdles  
1964--Terrezene Brown, High Jump  
1932--Lillian Copeland, Discus--GOLD MEDAL  
1928--Lillian Copeland, Discus--SILVER MEDAL

### COLLEGIATE ALL AMERICANS

1983--Debra Larsen, High Jump  
1983--Cindy Johnson, Discus  
1978--Patty Van Wolveleare, 100-Meter Hurdles  
1977--Patty Van Wolveleare, 100-Meter Hurdles

### COLLEGIATE CHAMPIONS

1978--Patty Van Wolveleare, 100-Meter Hurdles  
1977--Patty Van Wolveleare, 100-Meter Hurdles

### WCAA CHAMPIONS

1983--Debra Larsen, Long Jump  
1982--Kerry Bell, Heptathlon  
1980--Sandy Crabtree, Long Jump

### HIGHEST FINISHES AT COLLEGIATE CHAMPIONSHIPS (Top 30 or Better)

12th--17 points, 1978  
15th--11 points, 1977  
28th--14½ points, 1983  
30th--6 points, 1979

# RECORDS

## *Women of Troy*

100 Meters	Gail Douglas @ SDSU	May 11, 1979	11.34
200 Meters	Gail Douglas @ UCLA	Apr. 27, 1979	23.14
400 Meters	Linda Cassidy @ U. of Oregon	May 28, 1980	54.86
800 Meters	Donna Curtis @ Mt. SAC Relays	Apr. 24, 1982	2:05.33
1500 Meters	Gina Dyer @ USC	March 23, 1980	4:27.80
3000 Meters	Gina Dyer @ Mt. San Antonio College	Apr. 21, 1980	9:50.32
100m Hurdles	Patty Van Wolvelaere @ U. Of Tennessee	May 26, 1978	13.14
400m Hurdles	Janice McDowell @ USC	May 15, 1982	62.42
400m Relay	Douglas, Robinson, Crabtree, Cassidy @ MSU	May 15, 1982	45.69
1600m Relay	Curtis, Bell, Williams, Larsen @ U. of Ariz.	May 26, 1979	3:51.68
Javelin	Lisa Van Benthem @ UCLA	May 15, 1983	154'6"
Discus	Cindy Johnson @ U. of Houston	May 18, 1980	173'11"
Shot Put	Kerry Zwart-Bell @ UC Santa Barbara	June 4, 1980	45'10 3/4"
Long Jump	Sandy Crabtree @ Mt. SAC	June 17, 1981	20'7 1/2"
High Jump	Debra Larsen @ UCLA	June 24, 1983	5'11 3/4"
heptathlon	Debra Larsen @ UCLA	June 24-25, 1983	5616 pts

## *Cromwell*

100 Meters	LaShon Nedd, UCLA	May 14, 1982	11.47
200 Meters	Diane Williams, CSLA	May 7, 1983	23.54
400 Meters	Oralee Fowler, Shaklee Track Club	Mar. 27, 1981	53.69
800 Meters	Monica Joyce, San Diego State	May 15, 1982	2:05.5
1500 Meters	Monica Joyce, San Diego State	May 15, 1982	4:15.6
3000 Meters	Monica Joyce, San Diego State	May 14, 1982	9:01.78
5,000 Meters	Monica Joyce, San Diego State	Mar. 28, 1982	16:02.
10,000 Meters	Jan Oehm, University of Arizona	May 14, 1982	34:15.
100m Hurdles	Heakie Filsinger, Fed. Rep. of Germany	June 26, 1982	13.31
400m Hurdles	Robin Marks, University of Arizona	May 15, 1982	57.91
400m Relay	CSLA	May 7, 1983	44.34
1600m Relay	L.A. Naturite Track Club	May 7, 1983	3:35.7
Javelin	Jackie Nelson, UNAT.	May 7, 1983	172'7"
Discus	Meg Ritchie, University of Arizona	May 15, 1982	216'8"
Shot Put	Ria Stalman, Holland	Apr. 7, 1983	56'10 1/2"
Long Jump	Jennifer Innis, L.A. Naturite	Mar. 28, 1982	21'6"
High Jump	Iris Kuenstner, Fed. Rep. of Germany	June 26, 1982	6'1 1/2"
	Cindy Greiner, USA Nat'l Team	June 26, 1982	6'1 1/2"
Heptathlon	Jackie Joyner, USA Nat'l Team/ Wilt's AC	June 27, 1982	6041 pts

# COLLEGIATE RECORDS--WOMEN

100	10.94(A)	Diane Williams (CSLA)	Colorado Springs 7/ 3/83	
200	22.17	Merlene Ottway' (Nb)	Knoxville, Tn 6/20/82	
400	50.06	Marita Payne' (Fi St)	Heisinki, Fin 8/10/83	
800	1:59.63	Leann Warren (Or)	Bucharest, Rum 7/25/81	
1500	4:05.88	Leann Warren (Or)	Indianapolis, In 7/ 3/82	
Mile	4:30.36	Leann Warren (Or)	Los Angeles, Ca 5/10/81	
3000	8:50.79	Kathy Hayes (Or)	Indianapolis, In 6/19/83	
5000	15:33.43	Betty Springs (NC St)	Oslo, Nor 7/ 9/83	
10,000	32:52.7	Joan Benoit (Bowdoin)	Walnut, Ca 6/15/79	
100H	12.84	Banita Fitzgerald (Tn)	Houston, Tx 6/ 4/83	
400H	55.69(A)	Lori McCauley (Rut)	Colorado Springs 7/ 2/83	
Mar	2:29:23	Carey May' (BYU)	Osaka, Jap 1/30/83	
4 x 100	42.94	Florida State	Houston, Tx 6/ 4/83	
4 x 200	1:33.2	Florida State	Tallahassee, Fl 4/ 9/83	
4 x 400	3:28.46	Florida State	Houston, Tx 6/ 3/83	
4 x 800	8:32.12	Tennessee	Philadelphia, Pa 4/24/82	
SpMed(m)	1:36.05	Nebraska	Austin, Tx 4/ 9/83	
DisMed(m)	11:04.2	Tennessee	Philadelphia, Pa 4/28/83	
HJ	1.34	6-4%	Louise Ritter (TWU)	Leningrad, SU 7/11/81
	1.94	6-4%	Louise Ritter (TWU)	Bern, Swi 7/25/81
LJ	6.97	22-10%	Carol Lewis (Hous)	Luxembourg 7/20/83
SP	18.99	62-3%	Meg Ritchie' (Az)	Tucson, Az 5/ 7/83
DT	67.48	221-5	Meg Ritchie' (Az)	Walnut, Ca 4/26/81
JT	64.44	211-5	Karin Smith (SLO)	Los Angeles, Ca 5/10/81
Hept	6372		Jackie Joyner (UCLA)	Los Angeles 5/21-22/83

# WORLD RECORDS--WOMEN

100	10.81	Marlies Gohr (EG)	Berlin, EG 5/ 3/83	
	10.73(A)p	Evelyn Ashford (US)	Colorado Springs 7/ 3/83	
200	21.71	Marita Koch (EG)	K-M-Stadt, EG 6/10/79	
400	47.39	Jarmila Kratochvilova (Cze)	Heisinki, Fin 8/10/83	
800	1:53.28	Jarmila Kratochvilova (Cze)	Munich, WG 7/26/83	
1000†	2:30.6	Tatyana Providokhina (SU)	Podolsk, SU 8/20/78	
1500	3:52.47	Tatyana Kazankina (SU)	Zurich, Swi 8/13/80	
Mile	4:17.44	Maricica Puica (Rum)	Rieti, Ita 9/16/82	
2000†	5:35.5	Maricica Puica (Rum)	Bucharest, Rum 5/19/79	
3000	8:26.78	Svyetlana Ulmasova (SU)	Kiev, SU 7/25/82	
5000	15:08.26	Mary Decker (US)	Eugene, Or 6/ 5/82	
10,000	31:35.3	Mary Decker (US)	Eugene, Or 7/16/82	
	31:27.50p	Raisa Gadevdivnova (SU)	Odessa, SU 9/ 7/83	
100H	12.36	Grazyna Rabsztyń (Pol)	Warsaw, Poi 6/13/80	
400H	54.02	Anna Ambraszewska (SU)	Moscow, SU 6/11/83	
Mar(loop)†	2:26:11	Joan Benoit (US)	Eugene, Or 9/12/87	
(p-t-p)†	2:22:43	Joan Benoit (US)	Boston, Ma 4/18/83	
5kmW	22:41.4	Aleksandra Deverinskaya (SU)	Bergen, Nor 5/15/82	
	22:04.0p	Olga Yarutkina (SU)	Dnepropet, SU 8/21/83	
10kmW	46:42.6	Sue Cook (Aus)	Adelaide, Aus 5/23/82	
	45:47.0p	Sue Cook (Aus)	Leicester, GB 9/14/83	
(road)†	45:14	Ku Yongju (Cln)	Bergen, Nor 9/24/83	
4 x 100	41.53	East Germany	Berlin, EG 7/31/83	
4 x 200	1:28.15	East Germany	Jena, EG 8/ 5/80	
4 x 400	3:19.04	East Germany	Athens, Gre 9/11/82	
4 x 800	7:52.3	Soviet Union	Podolsk, SU† 8/16/76	
HJ	2.04	6-8%	Tamara Bykova (SU)	Pisa, Ita 8/25/83
LJ	7.43	24-4%	Anisoara Cusmir (Rum)	Bucharest, Rum 6/ 4/83
SP	22.45	73-8	Iлона Сиубанек (EG)	Potsdam, EG 5/11/80
DT	71.80	235-7	Maria Vernova (Bul)	Sofia, Bul 7/13/80
	73.26	240-4p	Galina Savinkova (SU)	Leselidze, SU 5/22/83
JT	74.76	245-3	Tiina Lillak (Fin)	Tampere, Fin 6/15/83
Hept	6835		Remona Neubert (EG)	Moscow, SU 6/18-19/83
			(13.42, 5-11%, 50-%, 23.49, 22-3%, 103-10, 2:07.51)	

# AMERICAN RECORDS--WOMEN

100	10.79(A)	Evelyn Ashford (MTC)	Colorado Springs 7/ 3/83	
200	21.83	Evelyn Ashford (Mucc)	Montreal, Can 8/24/79	
400	50.62	Rosalyn Bryant (CSLA)	Montreal, Can 7/28/76	
800	1:57.9	Madelaine Manning (Clare TC)	College Park, Md 8/ 7/76	
	1:57.61p	Mary Decker (AW)	Gateshead, Eng 7/31/83	
1500	3:57.12	Mary Decker (AW)	Stockholm, Swe 7/26/83	
Mile	4:18.08	Mary Decker (AW)	Paris, Fra 7/ 9/82	
2000	5:38.9	Mary Decker (AW)	Oslo, Nor 7/ 7/82	
3000	8:29.71	Mary Decker (AW)	Oslo, Nor 7/ 7/82	
5000	15:08.26	Mary Decker (AW)	Eugene, Or 6/ 5/82	
10,000	31:35.3	Mary Decker (AW)	Eugene, Or 7/16/82	
100H	12.79	Stephanie Hightower (LAN)	K-M-Stadt, EG 7/10/82	
400H	55.69(A)	Lori McCauley (Rut)	Colorado Springs 7/ 2/83	
4 x 100	41.61(A)	National Team	Colorado Springs 7/ 3/83	
4 x 200	1:32.6	National Team	Bourges, Fra 6/24/79	
4 x 400	3:22.81	National Team	Montreal, Can 7/31/76	
4 x 800	8:15.9	National Team	Bourges, Fra 6/24/79	
	8:17.09p	Athletics West	Walnut, Ca 4/24/83	
SpMed(m)	1:36.75	Witt's AC	Knoxville, Tn 6/20/82	
DisMed(m)	11:08.7	Virginia	Philadelphia, Pa 4/23/81	
HJ	1.98	6-6	Coleen Sommer (WAC)	Durham, NC 6/26/82
	2.01p	6-7p	Louise Ritter (PCC)	Rome, Ita 9/ 1/83
LJ	7.00	22-11%	Jodi Anderson (LAN)	Eugene, Or 6/28/80
SP	19.09	62-7%	Waren Seidler (Stars)	Walnut, Ca 6/16/79
DT	64.94	213-1	Leslie Deniz (Az St)	Tampe, Az 4/16/83
JT	69.32	227-5	Kate Schmidt (PCC)	Furth, WG 9/10/77
Hept	6458		Jane Frederick (AW)	Goleta, Ca 7/17-18/82
			(13.70, 6-%, 50-%, 25.09, 19-11, 163-5, 2:13.84)	

## **Best of the West**

### **The Dual - USC vs. UCLA -----MEET RECORDS-----**

100m--Missy Jerald (UCLA) 12.61 (1982)  
200m--Florence Griffith (UCLA) 23.72 (1982)  
400m--Florence Griffith (UCLA) 53.94 (1982)  
800m--Linda Goen (UCLA) 2:12.34 (1982)  
1500m--Linda Goen (UCLA) 4:24.05 (1982)  
3000m--Karen Copper (UCLA) 10:15.88 (1982)  
100m Hurdles--Jackie Joyner (UCLA) 14.68 (1982)  
400m Hurdles--Brenda Peterson (UCLA) 61.48 (1982)  
400m Relay--UCLA, 45.61 (1982)  
1600m Relay--UCLA, 3:52.48 (1982)  
High Jump--Kerry Bell (USC) 5'6" (1982)  
Long Jump--Jackie Joyner (UCLA) 20'5½" (1982)  
Shot Put--Suzie Ray (UCLA) 46'11" (1982)  
Discus--Lindy Toman (UCLA) 146'8" (1982)  
Javelin--Jackie Nelson (UCLA) 162'5" (1982)

Previous Scores: 1982--UCLA 99, USC 26 (only year contested)

### **WCAA Championships -----MEET RECORDS-----**

100m--Gail Douglas (USC) 11.34 (1979)  
200m--Gail Douglas (USC) 23.14 (1979)  
400m--Ruth Waithera (Arizona) 52.81 (1983)  
800m--Regina Jacobs (Stanford) 2:05.18 (1983)  
1500m--Monica Joyce (San Diego State) 4:14.62 (1981)  
3000m--Monica Joyce (San Diego State) 9:01.78 (1982)  
5000m--Alison Wiley (Stanford) 16:01.03 (1983)  
10,000m--Jan Oehm (Arizona) 34:15.50 (1982)  
100m Hurdles--Deby Lansky (San Diego State) 13.33 (1979)  
400m Hurdles--Robin Marks (Arizona) 57.24 (1981)  
400m Relay--UCLA, 44.44 (1980)  
1600m Relay--UCLA, 3:36.49 (1981)  
High Jump--Charmaine Gale (Arizona) 6'0" (1982)  
Long Jump--Modupe Oshikoya (UCLA) 21' 2 3/4" (1978)  
Shot Put--Meg Ritchie (Arizona) 59' 1 3/4" (1983)  
Discus--Meg Ritchie (Arizona) 216'8" (1982)  
Javelin--Mary Osborne (Stanford) 171'7" (1983)  
Heptathlon--Tonya Alston (UCLA) 5,595 (1981)

### **WCAA Champions**

1983--Stanford (USC 5th, 39 points)  
1982--San Diego State (USC 4th, 38 points)  
1981--UCLA (USC 5th, 51 points)  
1980--UCLA (USC 4th, 81 points)

# USC ALL-TIME TOP 5 TRACK & FIELD PERFORMANCE LIST

## 100 METERS

1. G. Douglas, 11.34 (1979)
2. K. Robinson, 11.61 (1981)
3. P. Van Wolveleare, 11.78 (1978)
4. R. Birt, 11.94 (1976)
5. S. Williams, 12.00 (1982)

## 200 METERS

1. G. Douglas, 23.14 (1979)
2. K. Robinson, 23.84 (1981)
3. K. Adams, 24.49 (1981)
4. R. Birt, 24.51 (1977)
5. S. Crabtree, 24.54 (1979)

## 400 METERS

1. L. Cassidy, 54.86 (1980)
2. R. Birt, 56.04 (1978)
3. D. Curtis, 56.74 (1983)
4. K. Adams, 57.44 (1981)
5. C. Poppen, 58.24 (1979)

## 800 METERS

1. D. Curtis, 2:05.35 (1983)
2. G. Dyer, 2:11.21 (1980)
3. D. Byington, 2:15.14 (1977)
4. R. Durand, 2:17.04 (1983)
5. D. Larsen, 2:17.25 (1983)

## 1500 METERS

1. G. Dyer, 4:27.80 (1980)
2. D. Curtis, 4:38.36 (1983)
3. D. Byington, 4:43.74 (1977)
4. K. Hill, 4:47.84 (1979)
5. J. Sumpter, 4:59.14 (1983)

## 3000 METERS

1. G. Dyer, 9:50.32 (1980)
2. D. Byington, 10:44.54 (1977)
3. T. Drowner, 11:02.24 (1978)
4. J. Sumpter, 11:09.74 (1983)
5. D. Koch, 11:56.14 (1983)

## SHOT PUT

1. K. Bell, 45'10 3/4" (1981)
2. Y. Fletcher, 44'6 3/4" (1983)
3. C. Johnson, 43'10 1/2" (1983)
4. D. Larsen, 43'8" (1983)
5. D. Olsen, 41'2 3/4" (1980)

## DISCUS

1. C. Johnson, 173'11" (1983)
2. D. Olsen, 159'11" (1980)
3. V. Turner, 150'11" (1976)
4. D. Hollingsworth, 144'2" (1981)

## 100-METER HURDLES

1. P. Van Wolveleare, 13.14 (1978)
2. M. McMillan, 13.74 (1978)
3. K. Garnet, 14.20 (1980)
4. K. Bell, 14.70 (1983)
5. D. Larsen, 15.02 (1983)

## 400-METER HURDLES

1. J. McDowell, 62.42 (1982)
2. L. Davis, 63.84 (1981)
3. R. Anderson, 64.14 (1979)
4. M. Eastern, 64.60 (1981)
5. D. Ahmal, 64.94 (1977)

## 400-METER RELAY

1. Douglas, Robinson, Crabtree, Cassidy; 45.69 (1979)

## 1600-METER RELAY

1. Adams, Eastern, Crabtree, Cassidy; 3:51.68 (1979)
2. Curtis, Bell, Williams, Larsen; 3:51.63 (1983)

## HIGH JUMP

1. D. Larsen, 5'11 3/4" (1983)
2. K. Bell, 5'9" (1982)
3. M. McMillan, 5'7 3/4" (1979)
4. K. Haynes, 5'7"
4. J. Lendel, 5'7"

## LONG JUMP

1. S. Crabtree, 20' 7 1/2"
2. Y. Fletcher, 20' 7 1/2"
3. S. Williams, 20' 6 1/2"
4. K. Haynes, 19'11 3/4" (1980)
5. K. Bell, 19'10" (1982)

## JAVELIN

1. L. Van Benthem, 154'6" (1980)
2. D. Olsen, 152'0" (1980)
3. R. Steele, 145'2" (1978)
4. C. Bishop, 144'8" (1982)
5. K. Nelson, 142'6" (1981)

## HEPTATHLON

1. D. Larsen; 5,616 (1983)
2. K. Bell; 5,550 (1982)
3. Y. Fletcher; 4,984 (1983)
4. S. Murray; 4,455 (1981)



# Pot Pourri

## **USC TRACK & FIELD HERITAGE**

The Women of Troy Track & Field team is proud of its association with the USC Men's Track & Field program. The Heritage of USC Track & Field is unparalleled throughout the history of all NCAA sports. Since 1912 the Trojan Tracksters have produced 23 Olympic Gold Medalists, they've broken 61 world records and have won 26 NCAA titles. Current Head Coach Vern Wolfe, has led the Trojan troops to 7 of their NCAA titles and this living legend has been instrumental in the great relationship established between the men and women's track programs.

## **CROSS COUNTRY**

Under the guidance of first year coach, Fred LaPlante, a new emphasis will be placed on cross country. "With the reality that distance running is very popular (and lucrative for the post-collegiate runner) through road racing, we intend to upgrade the distance program measurably," says LaPlante. "We will gear our fall schedule for the serious distance runner and our middle distance athletes who will use this training as a good base for the track season ahead." Below is the future cross country schedule for the Fall of 1984.

Sept. 28	Campus run-off (3000m) @ USC
Oct. 6	Aztec Invit. (5000m) @ San Diego, CA
Oct. 13	Road Race (10,000m) - TBA
Oct. 20	USC Invit. (5000m) @ Palm Springs, CA
Oct. 27	Road Race (10,000m) - TBA
Nov. 3	WCAA Championships (5000m) @ Tucson, AZ.
Nov. 17	NCAA Dist. 8 Championships (5000m) @ Tucson, AZ
Nov. 25	NCAA Championships (5000m)--TBA

## **CROMWELL FIELD**

Originally refurbished in 1979, Cromwell (named in honor of Dean Cromwell/ former USC Olympic Coach and director of 12 NCAA titles) has taken on a new look again for 1984. Located in the center of campus, ideal for student spectating, the track has been completely renovated as part of the \$9 million project funded by Arco for the Olympic Games. The SC track will be used as a warm up site for the Games which are, of course, being held in the Coliseum adjacent to the campus.

Voigt of West Germany installed the surface, Rekortan, which is a polyurethane optimal speed surface. Not only is Cromwell's facility identical in composition to the Coliseum, this highly resilient single layer surface was also used at the 1972 Olympics in Munich, where 31 new world and Olympic marks were set.

The track's subsurface is constructed like a roadbed of a highway. First, a minimum three-inch gravel base is laid down and topped with a minimum of two 1 1/2" thick layers of asphalt. The Voigt's specially designed automated equipment lays the surface.

It all adds up to a great facility for training and racing for USC track members.

## **BARBARA HEDGES - ASSOCIATE DIRECTOR OF ATHLETICS**

The Women's Athletic Program of the University of Southern California exemplifies the University's tradition of excellence. The quality of the program is evidenced by the commitment of the University to the equality of opportunity and to the leadership of Administration and coaches. Mrs. Barbara Hedges, Associate Director of Athletics, was a pioneer in the emergence of women in leadership roles in athletics. Since 1974 Mrs. Hedges has served as Associate Director of Athletics directly responsible for the Women's Athletic Program.

A graduate of Arizona State University in 1963, Mrs. Hedges earned a Master's Degree from the University of Arizona in 1971. Mrs. Hedges is a past president of the Western Collegiate Athletic Association and is chairperson of the Council of Collegiate Women Athletic Administrators. Mrs. Hedges was instrumental in the University's Women's Athletic Program joining the National Collegiate Athletic Association and is Chairperson of the Division I Women's NCAA Tennis Committee. She is also a member of the Youth Commission for the 1984 Olympic Games hosted by Los Angeles.

Under her able direction the University's Women's Athletic Program has grown to national prominence. The University is recognized as having funded and developed one of the most successful programs in the nation.

## **WCAA WESTERN COLLEGIATE ATHLETIC ASSOCIATION**

Organized, September 26, 1976, the WCAA was formed to provide conference competition for 5 universities with previous national acclaim in women's athletics. From that charter membership including USC, Cal State Long Beach, UCLA, Cal State Fullerton, and San Diego State the conference now includes Arizona, Arizona State, and Stanford. Championships are contested in track & field, cross country, volleyball, basketball, tennis, golf, swimming, gymnastics, and softball.

In seven years the WCAA's record of athletic achievement is unparalleled claiming more national titles both team and individually, than any conference in the United States.

Aligned with Division I of the NCAA, the WCAA continues to grow stronger and gain more prestige as the nation's premier women's athletic conference.

## **NCAA - NATIONAL COLLEGIATE ATHLETIC ASSOCIATION**

Now in its 78th year of service, the National Collegiate Athletic Association continues to meet the demands of its member institutions. While serving the nation's colleges and universities, the NCAA is the voice of intercollegiate athletics.

More than seven progressive decades have molded this original 13-member body into a membership today of more than 900 colleges, universities, conferences and affiliated organizations.

Many things have become associated with the NCAA during its colorful history. Highest priority goes to the service it provides to its members, acting as the true "voice" of college athletics today.