

Pac-10 Championships

BERKELEY — First day results Friday from the two-day Pacific-10 Conference track and field championships at the University of California:

MEN

Team standings (after eight events) — 1, UCLA 75; 2, Arizona State 40; 3, Arizona 38; 4, Stanford 25; 5, USC 20; 6, California 17; 7, Washington 14; Oregon 14.

3,000 Steeplechase — 1, Martin Kaino (Arizona) 8:45.52; 2, Greg Melcott (Washington) 8:46.41; 3, Erin Scroggins (Arizona State) 8:51.20; 4, Jason Humble (Oregon) 9:01.01; 5, Nick Perach (Washington) 9:13.14; 6, Mike Ralby (Stanford) 9:22.74.

Hammer — 1, Balazs Kiss (USC) 209-11; 2, Greg Hodel (UCLA) 202-7; 3, Dennis Luper (California) 204; 4, John Foster (Stanford) 197-4; 5, Chad Danowsky (USC) 197-5; 6, Damon Felice (Washington) 176-10.

Shot put — 1, John Godina (UCLA) 65-4 1/4; 2, Mark Parlin (UCLA) 60-4; 3, Joe Bailey (UCLA) 59-9; 4, Gary Kirchoff (USC) 59-4 1/4; 5, Jon Opden (UCLA) 58-11 1/2; 6, Heath Howington (Oregon) 58-4 1/4.

Pole vault — 1, Nick Hysong (Arizona State) 12-4 1/2; 2, Jay Bettinger (UCLA) 11-8 3/4; 3, Jamie Maritz (Stanford) 11-8 1/4; 4, John Sommers (UCLA) 11-8 1/4; 5, Clarence Phelps (California) 11-8 1/4; 6, Ray Livingston (Oregon) 11-4 1/4 and Eric Klassen (USC) 11-4 1/4.

Javelin — 1, Erik Smith (UCLA) 207-0; 2, Greg Johnson (UCLA) 201-11; 3, Oleg Krichenko (Arizona) 206-1; 4, Charlie Cohen (Arizona State) 201-10; 5, Craig Manelli (Washington) 201-1; 6, Mike De Munnik (Washington) 202-1.

Long jump — 1, Derrick Baker (UCLA) 25-1/4; 2, Victor Apebaku (Arizona State) 24-8 1/4; 3, Jason Robinson (Stanford) 24-6 1/4; 4, Brian Ellis (Arizona State) 24-3; 5, Denny Simpson (Arizona State) 24-2 1/2; 6, Tyrone Edwards (California) 24-4.

10,000 — 1, Jimmy Rodriguez (Arizona) 30:08.68; 2, Dave Scudamore (Stanford) 30:12.89; 3, Tim Julian (Oregon) 30:24.22; 4, Jaime Galindo (Arizona) 30:42.88; 5, Steve Kindred (Washington) 30:59.57; 6, Crieghton Harris (UCLA) 31:31.29.

WOMEN

Team standings (after seven events) — 1, Oregon 54; 2, UCLA 48; 3, Arizona 48; 4, Washington State 20; 5, USC 17; 6, Stanford 13; 7, Washington 9; 8, Arizona State 6; 9, California 2.

Javelin — 1, Ashley Selman (Oregon) 175-2; 2, Kristin Ronning (Washington) 167-7; 3, Jenny McCormick (Stanford) 164-7; 4, Tonia Roth (Oregon) 159-11; 5, Nicole Haynes (USC) 152-11; 6, Kari Esterbrook (Oregon) 152-7.

Long jump — 1, Chantel Brunner (Washington State) 20-4 1/4; 2, Mariela Valtman (UCLA) 20-3 1/2; 3, Kelly Blair (Oregon) 19-9 1/2; 4, Sharon Li (Washington State) 19-8 1/4; 5, Camyna Hall (California) 19-1; 6, Mary Anderson (Oregon) 18-9 1/2.

10,000 — 1, Katie Williams (Arizona) 35:30.76; 2, Heidi Van Borkulo (Oregon) 36:04.79; 3, Laura Hayward (Stanford) 36:43.76; 4, Niamh Zwagerman (Oregon) 36:57.07; 5, Jean Harvey (Arizona) 37:16.54; 6, Andi Garner (Stanford) 37:35.34.

3,000 — 1, Brenda Steuwerhook (Arizona) 9:29.33; 2, Rachel Brennan (Arizona) 9:30.05; 3, Beth Bartholomew (UCLA) 9:31.35; 4, Jennifer Braved (Washington State) 9:34.15; 5, Nicole Woodward (Oregon) 9:34.93; 6, Stacie Hoffink (Washington) 9:35.59.

Shot put — 1, Dawn Dumble (UCLA) 55.11 1/4; 2, Valeyta Althouse (UCLA) 54-10; 3, Jennifer Whelchel (UCLA) 51-8 1/4; 4, Julie Beck (Oregon) 49-10; 5, Candy Roberts (UCLA) 44-4; 6, Tricia Melly (Arizona State) 42-2.

High jump — 1, Tanaya Hughes (Arizona) 6-2 1/4; 2, J.C. Broughton (Arizona) 6-1/4; 3, Kelly Blair (Oregon) 5-8 1/4; 4, Shelly Choppa (Arizona State) 5-8 1/4; 5, Crissy Mills (USC) 5-8 1/4; 6, Tanva Smith (USC) 5-8 1/4.