

2006 USC Women's Season/Career Bests

as of June 11, 2006

100m

Virginia Powell (10.93w, May 26/11.10)
Carol Rodriguez (11.05w, May 26/11.32)
Jessica Onyepunuka (11.39, May 26/11.31)
Tara Davis-Quarrie (12.13, March 25/11.90)
Candice Davis (----/12.14)
Whitney Graham (12.13, Feb. 25/12.13)
Tunisia Johnson (----/12.66)

200m

Carol Rodriguez (22.23, May 26/22.23)
Virginia Powell (23.29, April 29/23.29)
Jessica Onyepunuka (23.62, May 26/23.60)
Whitney Graham (24.71, May 6/24.45)
Tara Davis-Quarrie (24.86, April 29/24.72)
Whitney Graham (25.03, April 1/24.45)

400m

Carol Rodriguez (51.51, April 29/51.51)
Treani Swain (54.98, March 25/53.62)
Tracee Thomas (----/52.99)
Tara Davis-Quarrie (55.36, April 29/55.36)
Whitney Graham (55.93, April 29/55.93)
Melissa Margulies (1:00.14, April 29/1:00.14)

800m

Treani Swain (2:14.57, April 29/2:05.93)
Kristen Berglas (----/2:17.78)
Sarah Sisco (2:38.13, March 18/2:38.13)

1500m

Kristen Berglas (4:45.09, May 6/4:36.60)
Tori Carter (----/5:08.78)
Sarah Sisco (5:19.07/March 25/5:19.07)

3000m

Kristen Berglas (11:20.72/10:12.60)
Kate Neeper (10:32.33, March 25/10:24.62)
Christina Eads (10:28.81, March 18)
Laura Strachan (10:45.27, March 18)

3000m Steeplechase

Kristen Berglas (11:30.33, April 29/11:06.70)
Tori Carter (----/11:36.77)

5000m

Kate Neeper (18:03.12, April 29/17:46.19)
Kate Pinta (----/18:20.46)
Christina Eads (19:58.69/19:19.84)
Sara Fusco (----/20:53.68)

10000m

Kate Neeper (37:22.40, May 13/36:09.24)

60m Hurdles

Virginia Powell (7.84, March 10/7.84i)

100m HH

Virginia Powell (12:48, June 9/12.48)
Candice Davis (13.05w, April 15/13.07)
Talia Stewart (13.94, March 25/13.33)
Tunisia Johnson (14.03w, May 6/14.78)
Katie Kirst (15.27, March 11/15.27)

400m IH

Candice Davis (1:00.20, April 29/59.56)
Talia Stewart (1:01.06, March 4/59.71)
Tunisia Johnson (1:01.21, May 6/59.59)
Katie Kirst (1:04.00, May 13/1:04.00)

400m Relay (42.96, June 9)

Powell, Onyepunuka, Davis, Rodriguez

1600m Relay (3:36.48, April 29)

Stewart, Davis-Quarrie, Rodriguez, Swain

High Jump

Alexandra Church (---- /6-1 3/4)
Andrea McBride (----/5-4)
Dominique Chaplin (5-1 (1.55m), March 4/5-1)

Pole Vault

Brysun Stately (13-7 1/4 (4.15m), May 14/13-7 1/4)
Shannon Lewallen (12-1 1/2 (3.70m), April 1/12-5 1/2)
Daymora Pen (11-1 3/4 (3.40m), April 1/11-1 3/4)
Kenisha Strong (10-11 3/4 (3.35m), March 18/10-11 3/4)

Long Jump

Michelle Sanford (20-2 1/2 (6.16m), May 26/20-10 1/2)
Brittany Daniels (18-4 1/2 (5.60m), April 1/20-8 3/4)
Katarzyna Klisowska (18-7 1/2 (5.67m), April 29/21-0 1/4)
Jamilia Marston (17-9 3/4w (5.43m), May 6/17-3 1/4)

Triple Jump

Brittany Daniels (41-9 1/4w (12.73m), April 1/44-11 3/4)
Michelle Sanford (43-0 1/4w (13.11m), April 8/43-9 1/4)
Katarzyna Klisowska (39-0 1/2 (11.90m), April 29/42-0)
Dominique Chaplin (35-6 (10.82m), April 1/37-6 1/2)
Mei Nickles (----/37-2 1/4)

Shot Put

Karen Freberg (57-7 1/2 (17.56m), April 29/57-7 1/2)

Discus

Kate Hutchinson (189-5 (57.73m), May 6/189-5)
Andrea McBride (140-7 (42.84m), April 1/165-4)
Karen Freberg (151-4 (46.12m), April 29/151-4)

Hammer

Eva Orban (226-8 (69.10m), May 27/226-8)
Julia Rozenfeld (202-8 (61.77m), March 25/203-1)
Alexandrea Williams (166-2 (50.66m), April 8/166-2)
Karen Freberg (184-4 (56.20m), April 29/184-4)

Javelin

Andrea McBride (145-11 (44.47m), April 29/161-7)
Katie Hutchinson (----/134-3)