

2010 USC Men's Track and Field Season/Career Bests

100m

Ahmad Rashad (10.08w, April 17/10.10)
Terence Abram (10.78, May 1/10.5)
Devin Forte' (11.76, April 17/10.5)
Amechi Egbe (10.67, April 24/10.65)
Sean Jackson (10.85, April 10/10.79)
Jahmar Rashad (10.91, April 16)
Tony Burnett (10.85, April 24)
Farzad Bozorgzad (11.12, March 20)
Jay Porterfield (11.25, March 20)

200m

Bryshon Nellum (----/20.43)
Ahmad Rashad (20.93, May 1/20.56)
Joey Hughes (21.02, May 1/20.9)
Amechi Egbe (21.60w, April 24/21.37)
Terence Abram (22.31, May 1/21.5)
Brendan Ames (21.75, May 1)
Sean Jackson (21.98, April 24/21.90)
Jason Price (21.77w, April 24/21.99)
Tony Burnett (22.17w, March 13)
Scott DeYoung (22.14, April 3)/22.14)
Devin Forte' (22.58, March 6/22.23)
Dijon Morrisette (22.76, April 3/22.44)
Elliott Ferrara (22.49w, March 13)
Jay Porterfield (24.02, March 13)

400m

Joey Hughes (45.15, June 9/45.15)
Bryshon Nellum (45.94, May 16/45.38)
Reggie Wyatt (47.41, March 6/46.13)
Jason Price (47.79, April 24/46.35)
Nate Anderson (47.15, May 16/46.47)
Duane Walker (----/46.69)
Ahmad Rashad (----/47.16)
Scott DeYoung (47.81, April 16/47.81)
Tim Kessler (----/48.8)
Dijon Morrisette (49.81, April 24/49.52)
Sean Jackson (49.56, March 20/49.56)
Jahmar Rashad (----/49.61)
Joseph Laetsch (51.12, May 1)
Tyler Ellis (52.09, April 10)
Thomas Parides (----/53.52)
Michael Zuletta (54.37, April 17)

800m

Blake Shaw (1:48.93, May 1/1:48.93)
Nate Anderson (1:48.95, May 1/1:48.95)
Andreas Bezamat-Homer (1:52.26, May 8/1:52.26)
David Branch (1:54.55, April 3/1:53.32)
Tim Kessler (1:54.26, May 1/1:53.6)
Barry Wilkins (1:53.71, March 20)
Kristopher Washington (1:54.73, April 10/1:54)
Aaron Adkins (1:52.84, May 8)
Miles Brewington (1:54.38, May 1/1:54.38)
Spencer Remick (1:55.10, March 13)
Ryan Thomas (1:58.13, March 20/1:56)
Matthew Huntington (1:56.48, April 24/1:56.48)
James Leckie (1:56.86, April 17/1:56.86)
Jeff Brown (2:03.12, April 10)
Crispin Collins (2:09.63, March 6/2:05.56)

1500m

Blake Shaw (3:45.43, May 1/3:45.43)
David Branch (3:53.85, May 1/3:53.85)
John Carley (3:53.27, May 8/3:53.27)
Tim Kessler (4:01.22, March 20)
Matt Huntington (4:04.26, April 17/4:04.26)
Tony Martinez (4:05.65, April 24/4:05.65)
James Leckie (4:06.87, March 20)
Kristopher Washington (4:08.50, March 20)
Jeff Brown (4:13.99, April 17/4:13.99)
Brendan Hochhauser (4:32.78, March 6/4:15.34)
Ryan Thomas (4:19.68, April 10)
Sammy Goldenberg (4:35.15, April 24)

3000m

John Carley (8:36.93, April 3/8:36.93)
Blake Shaw (8:40.93, Feb. 27/8:40.93)
Tony Martinez (8:59.07, March 20/8:59.07)
Rick Davey (9:06.59, April 3)
Mike Conoscenti (9:44.27, March 20/9:44.27)
Sammy Goldenberg (10:42.91, Feb. 27)

3000m SC

Tony Martinez (9:58.66, May 1/9:58.66)
Michael Conoscenti (10:42.6, April 3/10:42.6)

5000m

John Carley (14:51.91, March 6/14:51.91)
Tony Martinez (15:36.13, April 10/15:36.13)
Matt Huntington (----/16:14.23)
Rick Davey (16:00.11, May 1)

10000m

Tony Martinez (----/33.17.98)

110m HH

Oscar Spurlock (13.58, June 12/13.56)
Brendan Ames (13.80, April 17/13.80)
Putchong Dispanurat (15.73, May 1/15.54w)

400m IH

Reggie Wyatt (49.46, May 28/49.46)
Duane Walker (51.70, May 15/50.78)
Oscar Spurlock (----/57.46)
Putchong Dispanurat (57.45, April 24/57.45)
Thomas Parides (58.28, May 1/58.13)

4x100m Relay (39.88, May 16)

Egbe, A.Rashad, J.Rashad, Hughes

4x400m Relay (3:03.26, April 3)

Nellum, Hughes, Anderson, Wyatt

High Jump

Manjula Wijesekara (7-3.75 (2.23m), June 11/7-5.25)
Tyler Ruiz (6-8.75 (2.05m), March 13)

Pole Vault

Brandon Estrada (17-8.50 (5.50m), April 17/18-0.5)
Derek Scott (17-0.75 (5.20m), April 16/17-3)
Taylor Slingsby (16-0.75 (4.90m), April 16/16-0.75)
Justin Matoesian (----/15-3)
Matthew McCormick (13-7.25 (4.15m), March 20)
Thomas Parides (----/12-1.5)

Long Jump

Brendan Ames (25-7.25 (7.80m), May 15/25-7.25)
Tony Burnett (23-3.25 (7.09m), March 6/23-3.25)
Elliott Ferrara (21-9 (6.63m), March 6/22-11)
Tyler Ruiz (22-3 (6.78m), March 6)
Gabe Meyers (21-5.25 (6.53m), March 6/22-0.5)
Ben Brown (20-1.75 (6.14m), April 17/21-7.5)
Manjula Wijesekara (----/21-4.25)
Aven Wright (----/21-0.5)
Thomas Parides (----/16-0.5)

Triple Jump

Aven Wright (51-11.75 (15.84m), May 29/52-2)
Manjula Wijesekara (51-3.50 (15.63m), May 1/51-5.75)
Tony Burnett (49-0.25 (14.94m), March 20/49-0.25)
Ben Brown (46-0 (14.02m), April 17/46-8)
Elliott Ferrara (----/42-1 1/2)

Shot Put

Aaron Dan (58-6.75 (17.85m), May 1/58-6.75)
Alex Adams (54-8.75 (16.68m), May 1/54-8.75)
Abe Markowitz (53-11 (16.43m), March 28/53-11)

Hammer

Trey Henderson (221-10 (67.63m), May 1/221-10)
Eric Stein (173-8 (52.93m), May 1)

Javelin

Cooper Thompson (253-3 (77.19m), May 15/253-3)
Ben Brown (206-3 (62.88m), May 1/206-3)
Jacob Aronson (186-11.75 (56.99m), March 13/189-7)
Peter Yobo (159-8 (48.68m), May 8)
Thomas Parides (----/142-11)
Billy Buffington (141-2 (43.04m), May 1)

Discus

Aaron Dan (198-5 (60.48m), March 13/198-5)
Colin Campbell (185-2 (56.44m), April 10/188-5)
Alex Adams (160-6 (48.92m), April 16/169-7)
Tyler Grady (149-1 (45.45m), May 1/149-1)